

**F. Y. P. B. B. SC. (NURSING) : SUMMER - 2018**  
**SUBJECT : NUTRITION & DIETETICS**

Day : Wednesday  
Date : 02/05/2018

S-2018-3897

Time : **10.00 AM TO 11.30 00 AM**  
Max. Marks : 05

**N.B.**

- 1) All questions are **COMPULSORY**.
- 2) Put a tick mark in the appropriate box.
- 3) Use blue/black ball point pen, only.
- 4) Section – I should be completed in 05 minute.
- 5) Each question carries 1 marks.
- 6) Students will not be allotted any marks if he/she overwrites strikes or puts ink on the box once marked.

Seat No. \_\_\_\_\_

Marks Obtained \_\_\_\_\_

Signature of Junior Supervisor \_\_\_\_\_

Signature of Examiner \_\_\_\_\_

**SECTION – I**

**Q.1** Choose appropriate answer from the option given below: **(05)**

1) Which of the following is not the household method of food preservation and storage?

- a)  Cold storage (refrigerators)
- b)  Salting and pickling
- c)  Irradiation
- d)  Smoking

<https://www.freshersnow.com/previous-year-question-papers/>

2) Which of the following is not included in naturopathy

- a)  Physiotherapy
- b)  Use of antibiotics
- c)  Use of herbal medicines
- d)  Homoeopathy

3) Protein energy malnutrition (PEM) is detected by

- a)  Weight for age %
- b)  Weight /Height %
- c)  Height/Age%
- d)  All of the above

P.T.O.

4) Mid day meal programme was initiated in the year

a)  1962 – 63

b)  1967 – 68

c)  1972 – 73

d)  1977 – 78

5) During her total pregnancy period, a pregnant women gains her weight from

a)  5 – 8 kg

b)  7 – 10 kg

c)  9 – 12 kg

d)  11 – 14 kg

\* \* \*

Click4pdf.com

FY P.B. BSC NURSING : SUMMER-2018

SUBJECT : NUTRITION & DIETETICS

Day : Wednesday  
Date : 02-05-2018

Time : 10:00 AM To 11:30 AM  
Max. Marks : 30

S-2018-3897

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION - II

Q.2 Write short notes on **ANY THREE** of the following: (15)

- a) Functions of Iron
- b) Differentiate between Marasmus and Kwashiorkor
- c) Mid day meal programme
- d) Weaning diet
- e) Diet during Lactation

SECTION - III

Q.3 Write any **ONE** of the following questions:

- a) Write three functions of carbohydrate, proteins and fat. (07)
- b) What are the various methods of nutritional assessment? (08)

OR

- a) Dietary management in chronic renal failure. (07)
- b) Write the nutritional needs of the pregnant women with the menu plan. (08)

\* \* \*

(51)

**RAJMACHI - I: APRIL / MAY, 2011**  
**SUBJECT: NUTRITION AND DIETETICS**

Day: Saturday  
Date: 30-04-2011

Time: 9:00 A.M. To 10:30 A.M.  
Max. Marks: 35

**N.B.:**

- 1) All questions are **COMPULSORY**.
- 2) Put a tick  mark in the appropriate box.
- 3) Use **BLUE/ BLACK** ballpoint pen, only.
- 4) Section I should be completed in 10 minutes.
- 5) Each question carries 1 mark.
- 6) Students will not be allotted any marks if he/ she overwrites, strikes or puts ink on the box once marked.

**SECTION-A**

**Q.1** Choose appropriate answer from the option given below: **(05)**

1. Excess amino acids is converted into
  - a) Glucose
  - b) Urea
  - c) Uric acid
  - d) All of the above
  
2. One of the following is incorrect in the list of food recommended for cardiovascular diseases.
  - a) Whole grain cereals and pulses
  - b) All vegetable and all fruits high fibre
  - c) Whole milk, butter, cheese, cream
  - d) Meat, egg white and fish
  
3. The water content of plasma is
  - a) 77%
  - b) 82%
  - c) 87%
  - d) 92%

**P. T. O.**

4. The richest sources of Iodine is

- a) Green leafy vegetables
- b) Meat
- c) Sea foods
- d) Milk

  
  
  

5. \_\_\_\_\_ is a diet which contains all nutrients in correct proportion.

- a) Balanced
- b) Healthy
- c) Nutritious
- d) None

  
  
  

\* \* \*

52

**SECTION-B**

**Q.2** Write short notes on **ANY THREE** of the following: **(15)**

- a) Fat soluble vitamins
- b) Carbohydrate metabolism
- c) High protein diet
- d) Methods of food preservation
- e) Food hygiene

**SECTION-C**

- Q.3**
- a) Define therapeutic diet and explain the purpose and types of therapeutic nutrition. **(07)**
  - b) Explain the dietary management to a patient with chronic renal failure who is on regular hemodialysis. **(08)**

**OR**

- a) Dietary management for pre operative and post operative patient. **(08)**
- b) Dietary management of patient with fever. **(07)**

\* \* \* \* \*

RAJMACH - I: APRIL / MAY - 2012  
SUBJECT : NUTRITION & DIETETICS

93

Day : Saturday  
Date : 28-04-2012

Time : —  
Max. Marks : 05

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Put a tick mark in the appropriate box.
- 3) Use blue/black point pen, only.
- 4) Section - I should be completed within 5 minutes.
- 5) Each question carries **ONE** mark.
- 6) Students will not be allotted marks if he or she overwrite, strikes or puts ink on the box once marked.

Seat No: \_\_\_\_\_

Total Marks Obtained: \_\_\_\_\_

Jr. Signature: \_\_\_\_\_

Examiner signature: \_\_\_\_\_

SECTION - I

Q.1 M.C.Qs:

- 1) For growth and repair of our body we require \_\_\_\_\_
  - a) Fats
  - b) Proteins
  - c) Carbohydrate
  - d) Vitamins
- 2) 1 teaspoon of sugar will give \_\_\_\_\_ kcal.
  - a) 40 kcal
  - b) 35 kcal
  - c) 30 kcal
  - d) 20 kcal
- 3) Green leafy vegetables are rich in \_\_\_\_\_
  - a) Protein
  - b) Carbohydrate
  - c) Fibre
  - d) Fats
- 4) The richest source of Iodine is \_\_\_\_\_
  - a) Green leafy vegetables
  - b) Sea foods
  - c) Meat
  - d) Milk
- 5) Fatty acids which are liquid at room temperature is \_\_\_\_\_
  - a) Unsaturated fatty acids
  - b) Polyunsaturated fatty acids
  - c) Saturated fatty acids
  - d) Essential fatty acids

\* \* \* \*

RAJMACH - I: APRIL / MAY - 2012  
SUBJECT : NUTRITION & DIETETICS

(94)

Day : Saturday  
Date : 28-04-2012

Time : 9:00 AM TO 10:30 AM  
Max. Marks : 30

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw diagrams **WHEREVER** necessary.
- 4) Answers to both the sections should be written in the **SEPARATE** answer books.

SECTION - II

Q.2 Write short notes on **ANY THREE** of the following:

[15]

- a) Mid Day Meal Programme ✓
- b) Nutrition during Pregnancy ✓
- c) Digestion of food in Mouth ✓
- d) Community Nutrition Programme ✓
- e) Methods of Food Preservation ✓

SECTION - III

Q.3 Answer **ANY ONE** of the following:

You are posted as Public Health Nurse at a PHC. You have been instructed to plan a nutritional assessment programme for pre-school children.

- a) Enlist different assessment methods. [08]
- b) Explain dietary management at home for protein energy malnutrition. [07]

OR

- a) What are the factors affecting menu planning? [07]
- b) What steps do you follow while preparing infant food? [08]

\* \* \* \*